

States and Tribes Working Together to Improve the Access of American Indians and Alaska Natives to Behavioral Health Care

September 18, 2024



NATIONAL ACADEMY
FOR STATE HEALTH POLICY

nashp.org

Agenda

- **Welcome**

Neva Kaye (Oneida), Senior Policy Fellow, NASHP

- **The Federal Landscape and IHS: Overview presentation**

Chris Fore, PhD., Director, Indian Health Services Telebehavioral Health Center of Excellence

- **Tribal Behavioral Health in Oregon**

Julie Johnson (Paiute-Shoshone), Tribal Affairs Director, Oregon Health Authority

Kelly Rowe, Executive Director Health Services, Confederated Tribes of Grand Ronde

- **Oklahoma 988 Coordination**

Josh DeBartolo (Comanche), Tribal & Multicultural Liaison, Oklahoma Department of Mental Health and Substance Abuse Services

Rosanna Tall Bear, Cheyenne and Arapaho Tribes 988 Project Coordinator



Resources

- **Tribal Sovereignty**

- The Journalist's Resource: <https://journalistsresource.org/politics-and-government/tribal-sovereignty-native-americans/>

- **Tribal Consultation**

- CMS: <https://www.cms.gov/training-education/partner-outreach-resources/american-indian-alaska-native/tribal-consultation>

- **Indian Health Service Delivery System Structure**

- IHS: <https://www.ihs.gov/newsroom/factsheets/ihsprofile/>

- **Availability of 100% FMAP for Medicaid Services Furnished to AI/AN**

- CMS: <https://www.medicaid.gov/federal-policy-guidance/downloads/sho022616.pdf>

- **Medicaid Managed Care Requirements**

- CMCS: <https://www.medicaid.gov/federal-policy-guidance/downloads/cib121416.pdf>

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SEPTEMBER 18, 2024

CHRIS FORE, PHD, DIRECTOR,
IHS TELEBEHAVIORAL HEALTH CENTER OF EXCELLENCE



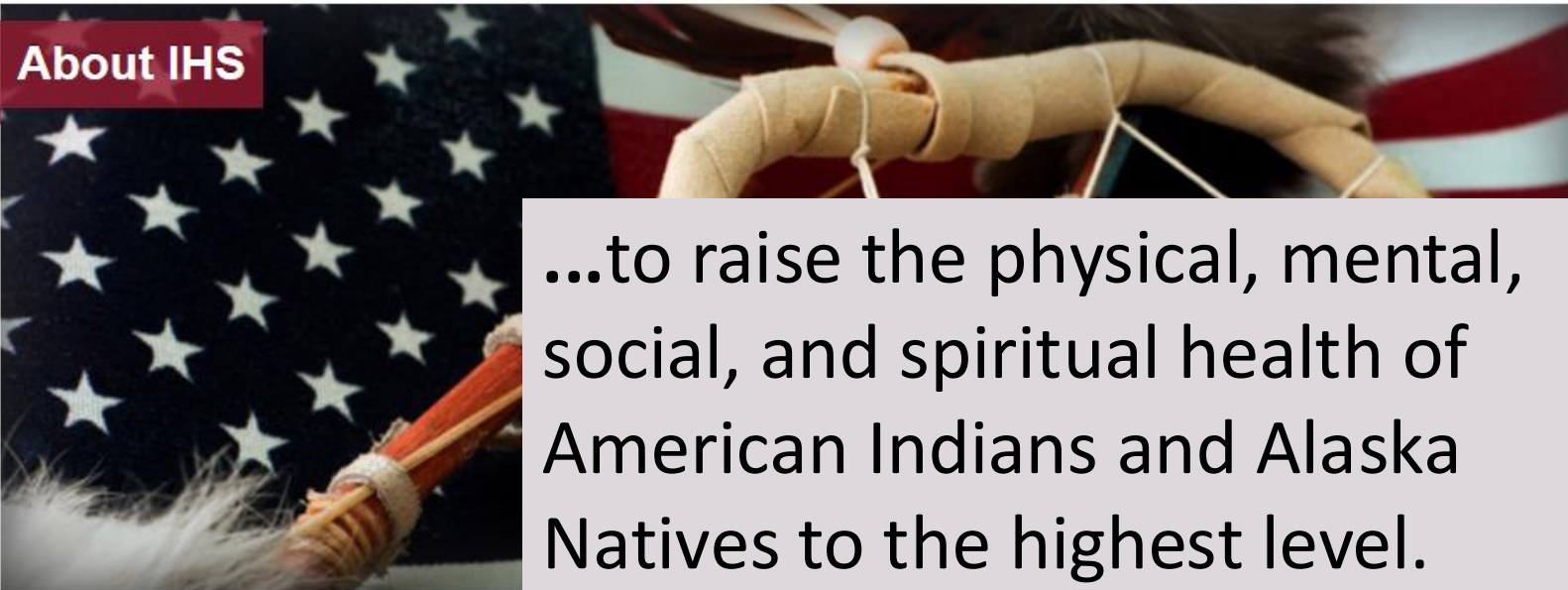
INDIAN COUNTRY

- ❖ Indian Health Service (IHS)
- ❖ Tribes
 - ❖ 574 Federally recognized
 - ❖ Sovereign Nations
 - ❖ Public Law 638
- ❖ Urban Indian Organizations (UIOs)
 - ❖ Contracts from IHS
 - ❖ Braided funding
 - ❖ Many are FQHCs



IHS Mission

About IHS

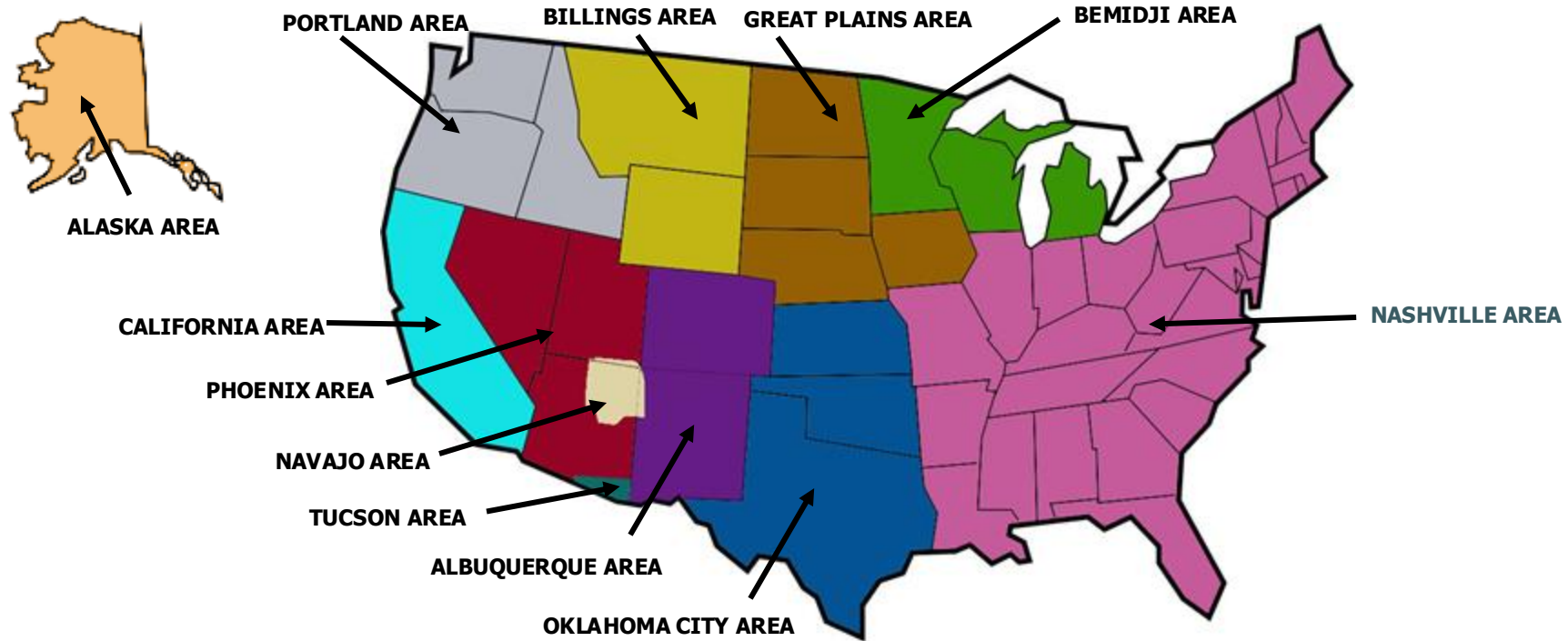


...to raise the physical, mental, social, and spiritual health of American Indians and Alaska Natives to the highest level.

Source: <https://www.ihs.gov/aboutihs/>



IHS Service Areas



FEDERAL SUPREMACY

❖ Licensure

- ❖ As a general principle of law, state laws are inapplicable to federal employees and federal contractors performing within the scope of their duties. The Supreme Court held in *Miller v. Arkansas*, 352 U.S.187 (1956), that a state may not require a federal contractor to be licensed by the state as a precondition of being able to perform under a federal contract. Accordingly, state licensure laws are inapplicable to federal contractors in performance of their duties. These legal principles apply to federal health care practitioners. See *Taylor v. United States*, 821 F.2d 1428, 1431 (9th Cir. 1987); see also *Lucas v. United States*, 807 F.2d 414 (5th Cir. 1986).



FEDERAL SUPREMACY (cont.)

❖ Licensure

- ❖ INDIAN HEALTH CARE IMPROVEMENT ACT (April, 2013) SEC. 221. [25 U.S.C. 1621t] LICENSING.
- ❖ Licensed health professionals employed by a tribal health program shall be exempt, if licensed in any State, from the licensing requirements of the State in which the tribal health program performs the services described in the contract or compact of the tribal health program under the Indian Self-Determination and Education Assistance Act (25 U.S.C. 450 et seq.).



FEDERAL SUPREMACY (cont.)

❖ Practice Scope

- ❖ Determined by state of licensure

❖ Reimbursements

- ❖ Just because you have the authority to see patients *does not* mean the service will be reimbursed



THANK YOU!

Questions?

Chris.Fore@ihs.gov



Tribal Behavioral Health in Oregon

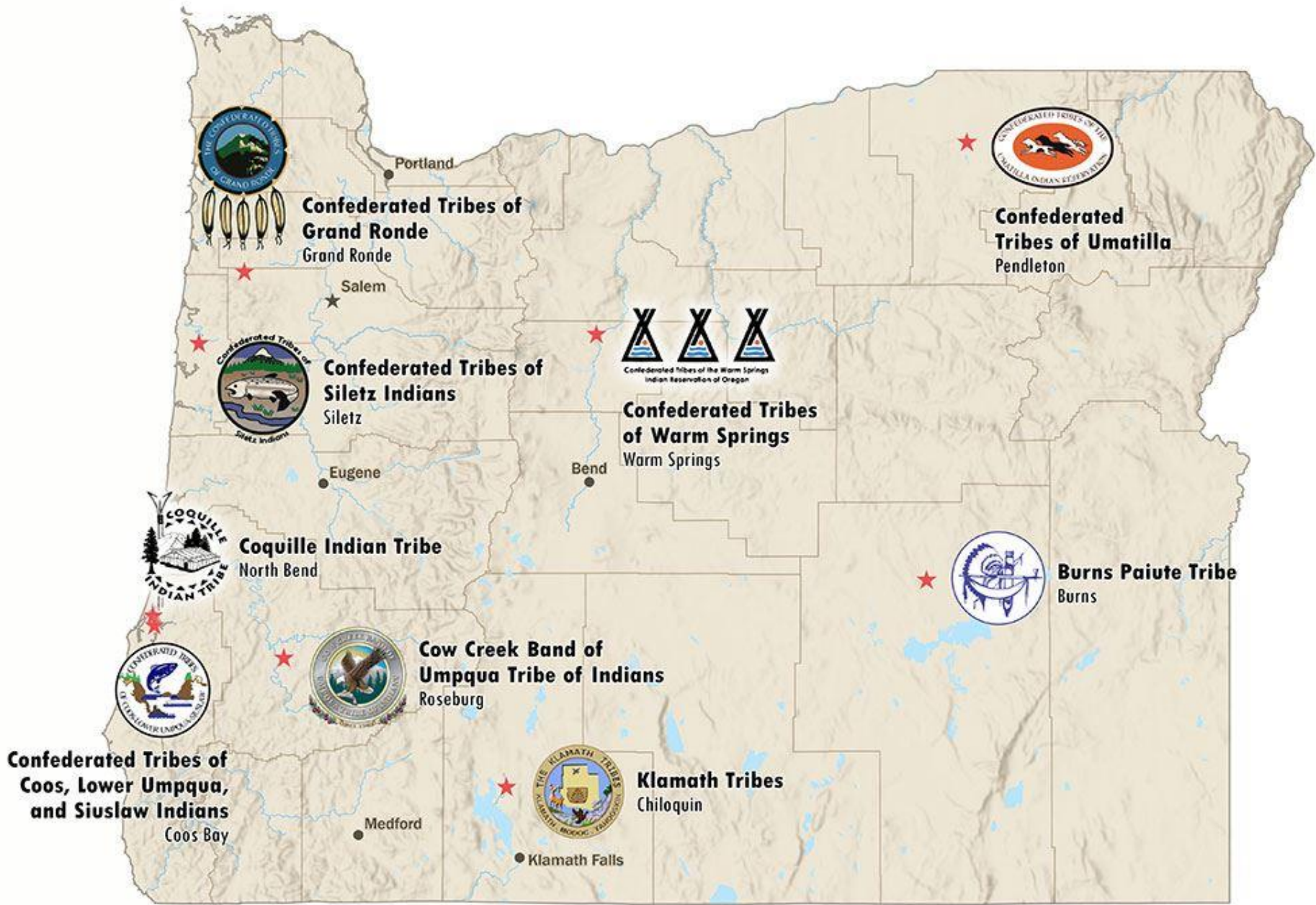
Julie Johnson (Paiute-Shoshone), Tribal Affairs Director, Oregon Health Authority
Kelly Rowe, Executive Director Health Services, Confederated Tribes of Grand Ronde



OHA Tribal Affairs- where do we start?

- The **people** always come first-individuals, communities, Tribes
- **Federal Law** - Federal Indian Trust Responsibility to provide Health Care to Indian People
- **State Law** - Relationship of State Agencies with Indian Tribes (SB770-2001) (ORS 182.162 to 182.168)
- **Agency Policy** and Process - OHA Tribal Consultation and Urban Confer Policy
- Dedicated **OHA Tribal Liaisons** who work regularly to improve health with elected tribal officials, tribal health staff, Indian Health Service, the Urban Indian Health Program, the Northwest Portland Area Indian Health Board, as well as other agencies focusing on tribal health priorities.

There is no excuse to not be doing our best work with Tribes.



Nine Federally Recognized Tribes of Oregon

Nine Tribes of Oregon

- **Burns Paiute Tribe** (1 Band-Wadatika Band of Northern Paiute)
- **Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians** (3 Tribes/2 Bands-Hanis Coos and Miluk Coos)
- **Confederated Tribes of Grand Ronde** (5 Tribes/Bands-Umpqua, Molalla, Rogue River, Kalapuya, Chasta)
- **Confederated Tribes of Siletz Indians** (28 Tribes and Bands-Clatsop, Chinook, Klickitat, Molala, Kalapuya, Tillamook, Alsea, Siuslaw/Lower Umpqua, Coos, Coquille, Upper Umpqua, Tututni, Chetco, Tolowa, Takelma, Galice/Applegate, and Shasta)
- **Confederated Tribes of the Umatilla Indian Reservation** (3 Tribes-Cayuse, Umatilla, Walla Walla)
- **Confederated Tribes of Warm Springs** (3 Tribes-Warm Springs, Wasco, Paiute)
- **Coquille Indian Tribe** (1 Tribe-Ko-Kwel is the traditional spelling)
- **Cow Creek Band of Umpqua Tribe of Indians** (1 Band of the Umpqua)
- **Klamath Tribes** (3 Tribes/Bands-Klamath, Modoc, Yahooskin Band of Snake Paiutes)

Why do we see statistically high rates of alcoholism, mental health issues and suicide among AI/AN people

Historical trauma refers to cumulative emotional and psychological wounding, extending over an individual lifespan and across generations, caused by traumatic experiences.

- Loss of people - individuals, families, communities, bands, tribes
- Loss of land, culture and language
- Boarding School Era - "Kill the Indian save the man"
- Termination – Six of the Nine Tribes in Oregon were terminated from 1954 to 1977-89
- Relocation Act - leave your homeland, work and live in the city

Strengths in Tribal Communities

- Concepts of health and wellness are broad-striving for balance-mind, body, spirit
- Focus on strength-based care
- Utilizing tribal based practices-talking circle, sweat lodge, powwow, canoe journey etc.
- Extended family and kinship ties, generational knowledge and wisdom
- Historical perspective and strong connection to the past
- Survival skills and resiliency in the face of multiple challenges
- Shared sense of collective community responsibility

Addressing the need

Dedicated Behavioral Health Funding - non-competitive tribal set-asides

- Alcohol, Tobacco and other Drug Prevention/Problem Gambling Prevention
- Substance Use Disorder Treatment/Intoxicated Driver Program
- Mental Health Services-Prevention, Crisis, Jail Diversion, Supported Housing and Peer Delivered Services, Care Coordination, School Access to Mental Health
- Workforce Development
- Residential & Housing
- Opioid Response
- Veterans Behavioral Health
- Suicide Prevention
- M110-Tribal Behavioral Health Resource Networks
- Systems of Care – Care Coordination and support for youth and families

Confederated Tribes of Grand Ronde



- Medical
- Dental
- Vision
- Behavioral Health
- Pharmacy
- Lab/X-ray

Confederated Tribes of Grand Ronde



Confederated Tribes of Grand Ronde

- Denturist lab
- Diabetic care
- Vaccination/testing capabilities
- Pediatrics
- Naturopathic care
- Indoor demonstration kitchen and presentation area, and outdoor patio with kitchen and fish pit.



Confederated Tribes of Grand Ronde



Confederated Tribes of Grand Ronde

- Mental Health services also available at Salem site.
- Peer Recovery Center in Salem with food pantry, clothing closet, career training and housing search area, and shower/laundry trailer opened daily for unhoused patients while engaged in services.
- New mobile unit funded by a State grant, and will deploy in a few weeks. It is designed to be more efficient and to grow more services.
- 2025
 - Detox Facility
 - Medical / Lab

Confederated Tribes of Grand Ronde



- Recovery Addiction Treatment Services
- Intensive Outpatient Services
- Coordinated Services with Great Circle Recovery and Grand Ronde Clinic
- Broaden the Tribe's Substance Use Disorder Treatment Spectrum of Care

Confederated Tribes of Grand Ronde



Confederated Tribes of Grand Ronde

- (kana-MOXT in-SIGH-kah CHA-goo high-AHSH)- Together we grow The Village opened to its first residents on February 12th, 2023.
- The program has two sites with 10 pods at “Village 1” and 20 pods at “Village 2;” each pod can accommodate up to four people.
- In the first 12 months after opening, 45 guests were admitted to the Villages, 6 guests were transferred to permanent housing, 5 guests were transferred to transitional housing, 11 guests sought behavioral health treatment and 5 guests were employed.

Confederated Tribes of Grand Ronde



Confederated Tribes of Grand Ronde

- Transitional Housing
- Supportive Housing
- Communal Living
- Family Living
- Close to Tribal Services and Programs

Confederated Tribes of Grand Ronde

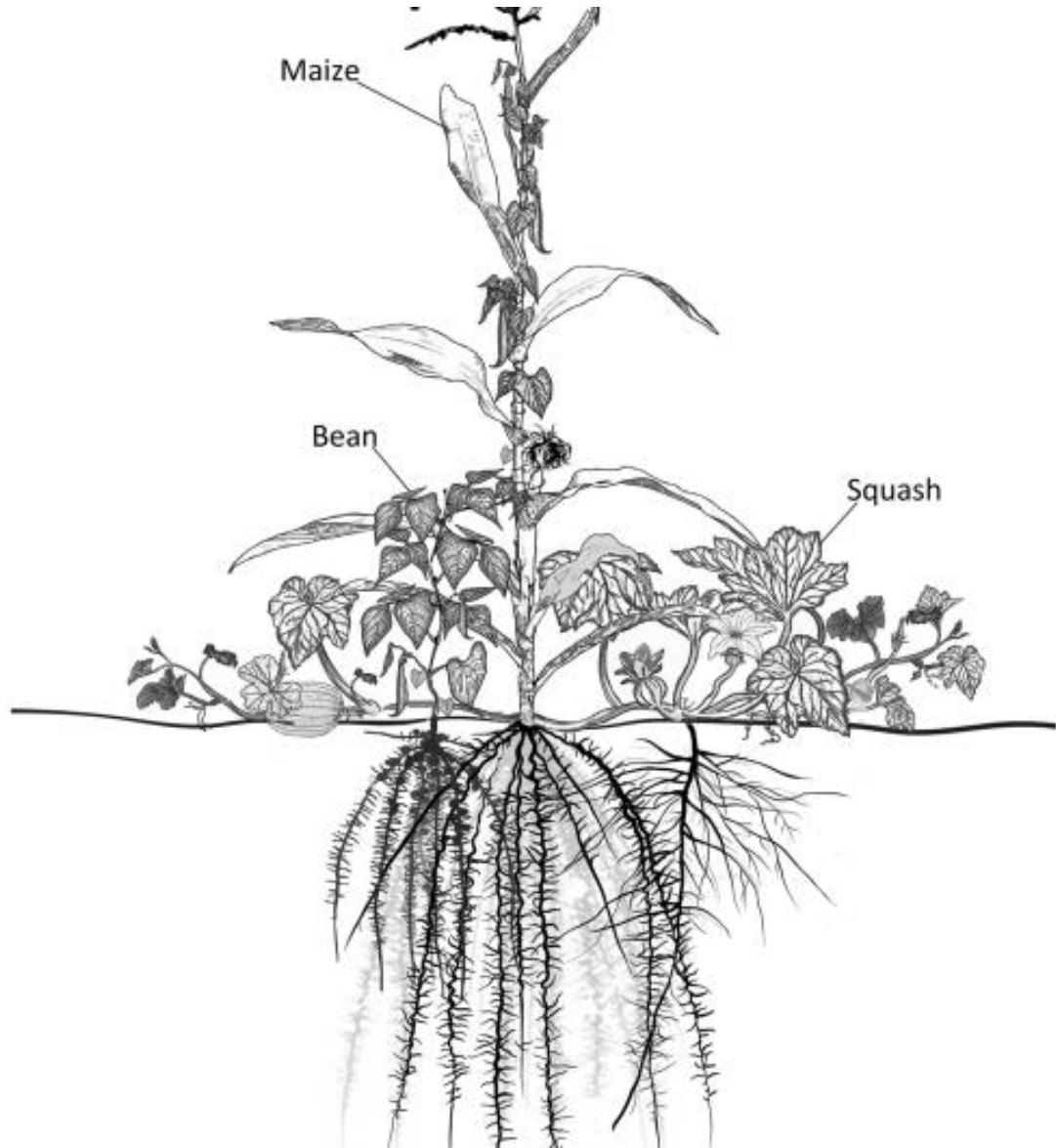
- Partnership
 - Sovereignty and Tribal Voices being heard by Oregon Health Authority
 - Other Tribes
 - Community Resources
 - Internal Programs

Oklahoma 988 Coordination

Josh DeBartolo, MHR

Senior Manager of Community Integration





Three Sisters

- Beans Fertilize Corn & Squash
- Corn Stalk Supports Beans
- Squash Provides Ground Cover Between Corn & Beans
- Thrive Together Better Than When Planted Alone

[The Three Sisters of Indigenous American Agriculture | National Agricultural Library \(usda.gov\)](https://www.usda.gov)



Three Sisters Illustration

- Three Separate Plants
- Planted Together in Small Mound
- Nurturing Each Other Like Family When Planted Together
- Stronger Together

Oklahoma 988

- Oklahoma 988 Launch July 2022
- Tribal Nations Awarded SAMHSA Tribal 988 Grants
- Oklahoma Crisis Continuum Expanded
 - Centralized Call Center (24/7)
 - Mobile Crisis Teams (24/7)
 - Urgent Recovery Centers



Oklahoma 988 Brought Systems Together

- Federal Funder- SAMHSA
- State- ODMHSAS
- Tribal Nations



Oklahoma 988 Brought Systems Together

- Monthly Check-In Meeting
- Call Center, ODMHSAS, Tribal 988 Initiatives
- Goal: Working on Referral Plans for Tribal Citizens
- Tribes Formed Work Group



Partners Started Noticing Oklahoma

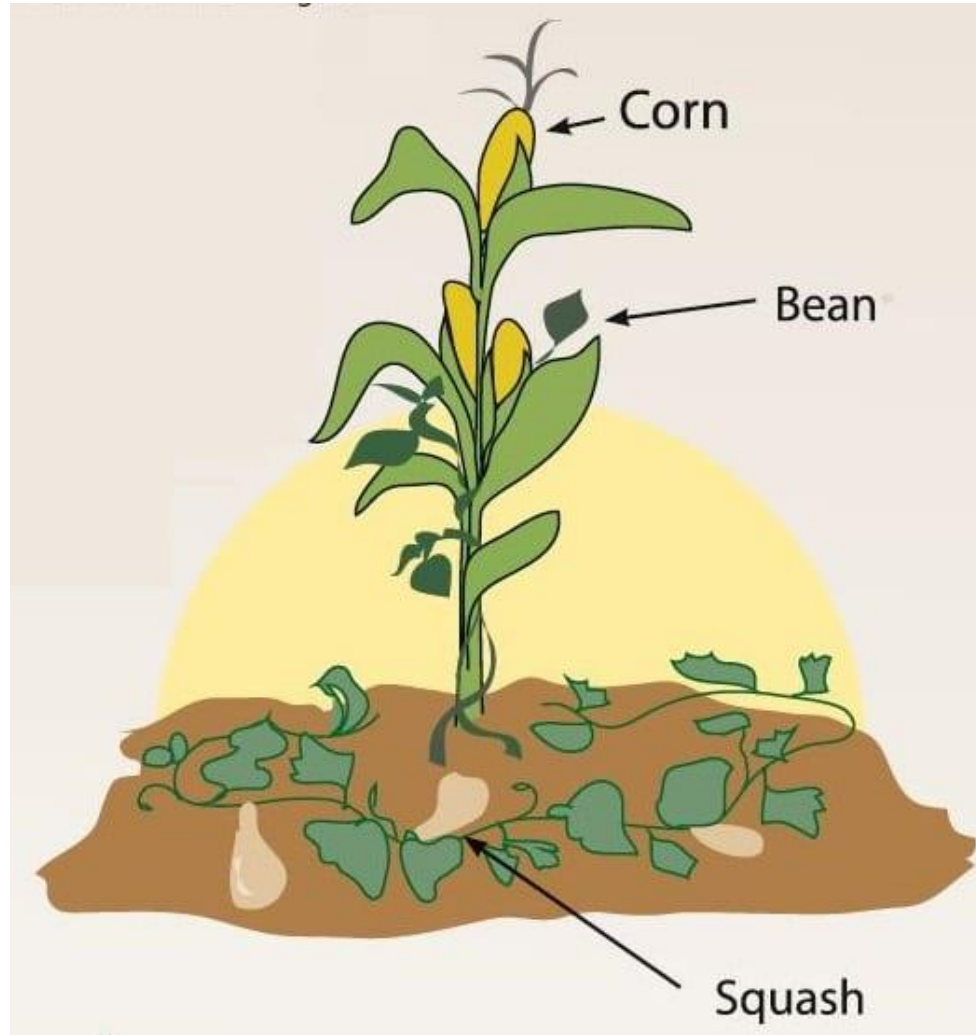
- Tribes Working Together in a Cohort Model
- State, Call Center, and Tribal Nations Collaborating

CALL OR TEXT

988

**MENTAL
HEALTH
LIFELINE**

Oklahoma
988
Rooted
Together

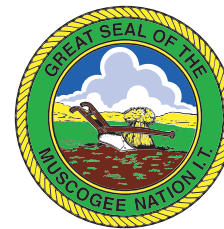
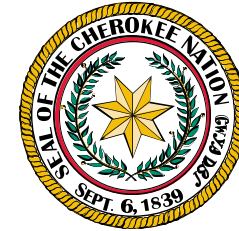


988 | TRIBAL

MENTAL HEALTH LIFELINE

SUMMIT

OKLAHOMA
TRIBES
Leading the Way Together





RESPECT FENTANYL
ALWAYS TEST FIRST
NALOXONE SAVES LIVES.
WAYS TEST FIRST

NALOXONE SAVES LIVES.

RESPECT FENTANYL



THANK YOU!

Thank You! Ura!

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Community Integration

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Questions?



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Thank you!

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